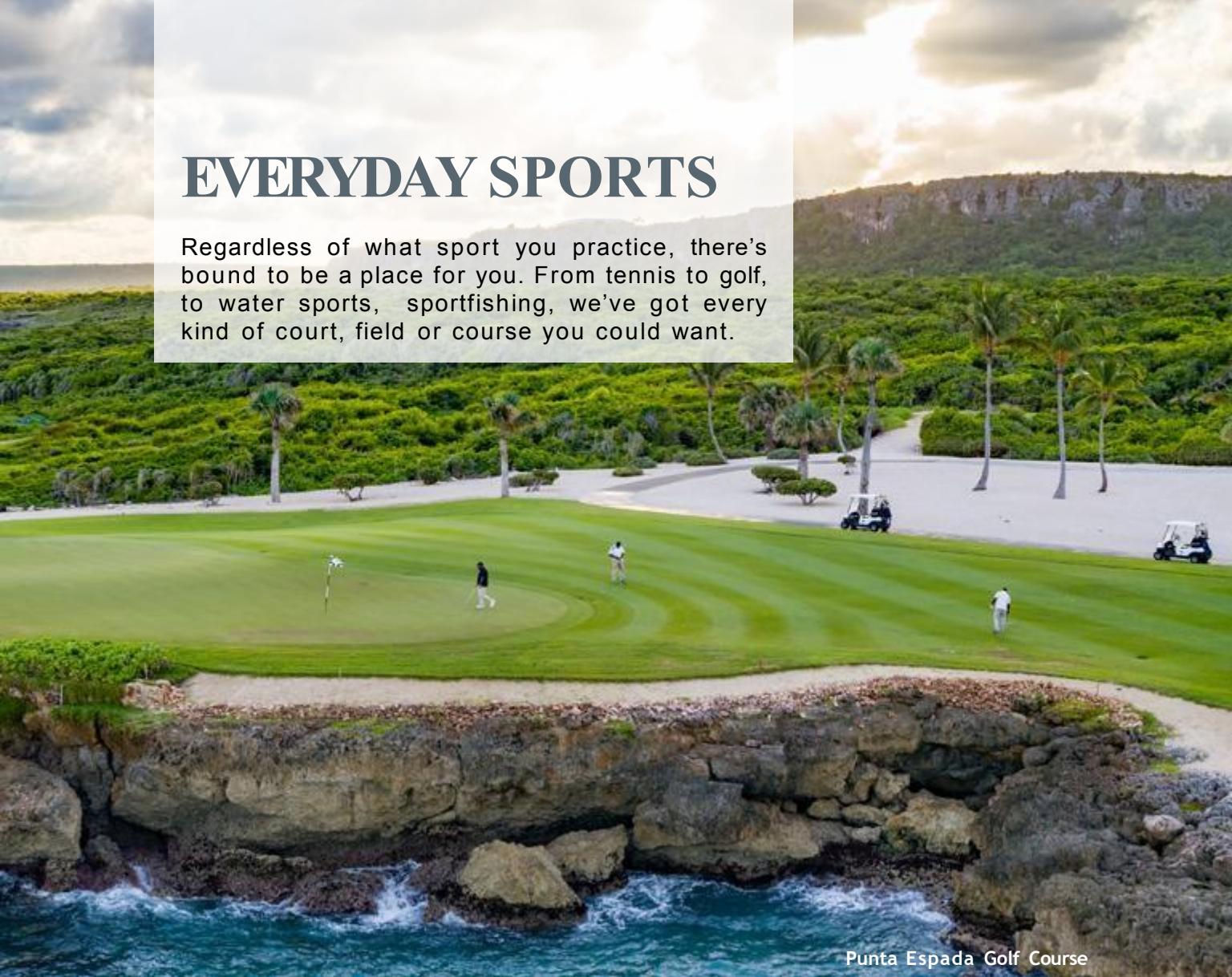


EVERYDAY SPORTS

Regardless of what sport you practice, there's bound to be a place for you. From tennis to golf, to water sports, sportfishing, we've got every kind of court, field or course you could want.



Punta Espada Golf Course



Punta Espada Golf Course

PUNTA ESPADA GOLF CLUB

Play golf at Punta Espada Golf Course, a Jack Nicklaus signature golf course, listed among the world's finest. Eight holes play towards the sea. Extraordinary views of the Caribbean Sea contrast the fairways and greens. Challenge and beauty are entwined in this outstanding 18-hole par 72 course, which boasted the PGA Tour's Champions Tours. Reserve your tee time Punta Espada Golf Club (809) 469-7767.



Racquet Village Tennis Courts



Marina Cap Cana Padel Court

TENNIS & PADEL

You don't have to be a pro to pick up a racquet. You can make reservations for personalized classes, or even hit the courts with a volley partner. Whether you're serving like a pro or not, these are the spots to leave it all to the ball.

Golden Bear Lodge (829) 944-1904 | Racquet Village +34 65850-6745



LOS ESTABLOS EQUESTRIAN CENTER

Los Establos Equestrian Center, is the first project of its kind in the Dominican Republic bringing together the most varied equestrian disciplines, such as jumping, polo, paso fino, racing, dressage, reining, enduro, cross country, along with its areas of training, recreation, health and animal care. It is emerging as the largest and most complete Equestrian Center in the Caribbean and Latin America. It is already considered a unique project worldwide, a point of reference and a global icon in the equestrian field, with the international standards and protocols required for the practice of the different disciplines.

Los Establos (809) 284-2770

Los Establos Equestrian Center



Marina Cap Cana



Marina Cap Cana

FISHING SEASON EVERY SEASON

Dream of the best angling experience in the Caribbean, and you will find it in these waters, just beyond the Marina. In these depths, there is an abundance of fish through out the year. The Billfish Report has declared the east coast of the Dominican Republic as the number one billfish area. The promise of blue and white Marlins, Sailfish, Wahoo and Tuna make this a favorite for anglers, who frequently visit from all parts of the world and gather at Marina Cap Cana. The Marina is a catch and release marina, member of the Billfish Foundation. Major angling tournaments are held each year.

Marina Cap Cana (829) 944-1904

SWIMMING

Dive into the calm bodies of water for a nice swim. Whether you prefer the likes of the beach, lagoon, or your backyard pool, swimming is readily available to you every day in Cap Cana. Furthermore, you can immerse yourself in the crystal-clear waters of our state-of-the-art facilities at Cap Cana Heritage School, designed to cater to the needs of both learners and seasoned swimmers from toddler friendly splash sessions to adult fitness classes, your technique will surely improve in our short or semi-olympic pool.

Swimming School at Cap Cana Heritage School (829) 648-8546.

BASKETBALL

If you're looking to shoot some hoops, there's a readily available court at Ciudad Las Canas where you can play alongside other community members. Is your kid a full-blown basketball fan? Well, have we got the after-school activity for him or her! The NBA School of Basketball is exactly what it sounds like. Through their professional training, your children will hone his skills and perfect her 3-point shot, whether they're playing for a season or all year long.

NBA School of Basketball
(809) 870-4345

BEACH VOLLEYBALL

Juanillo Beach in Cap Cana has its own volleyball net so you can show off your serving skills. Just make your way to the main bar and ask for a ball! Hotels also have their own net, though those are reserved for guest use only. Bump, set, spike it that's the way we like it.



Scuba Diving

WATER SPORTS

Switch it up a bit by hopping on a kayak or a paddleboard this weekend. Feel the Caribbean breeze rushing along your skin, get yourself a good dose of vitamin D, and break a sweat with some watersports. You can rent your vessel of choice at the beach to make your workout something more in tune with nature. Now, if you're into deep diving and want to scuba, immersions are offered for certified divers. Courses are also provided for those who are entertaining the idea, and are looking for more shallow waters to try out first. Reservations for scuba can be made by calling PADI Dive Center (849)357-1555.

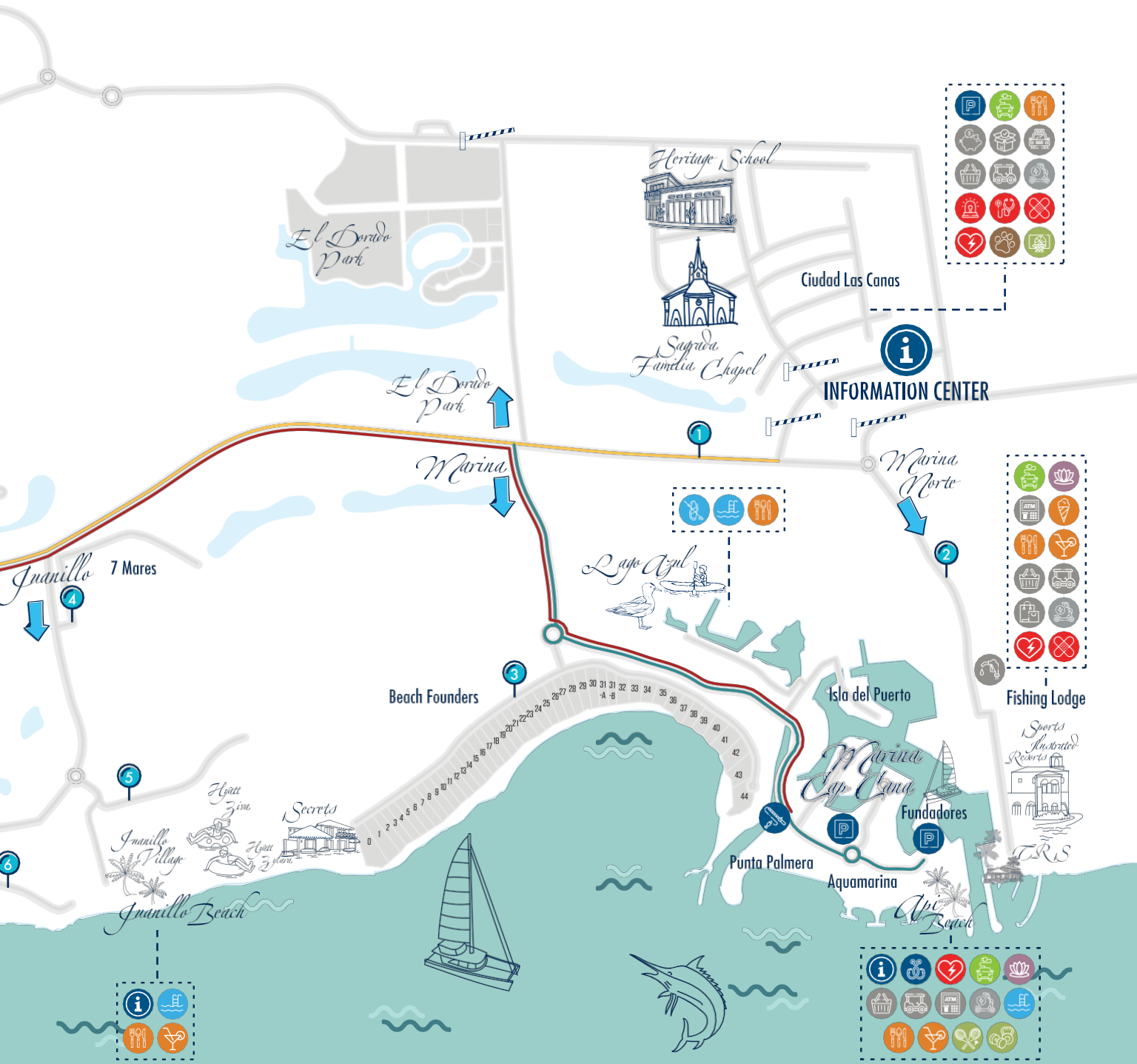


Paddle Board



- ① BOULEVARD
- ② MARINA NORTE
- ③ JUANILLO BAY
- ④ ALTA VISTA
- ⑤ PASEO JUANILLO
- ⑥ PASEO DE PLAYA

- | | | | | |
|---|---|---|--|--|
| <ul style="list-style-type: none"> INFORMATION PARKING EV CHARGING STATION SCOOTER RENTAL | <ul style="list-style-type: none"> COURRIER BANK GAS STATION GOLF CART RENTAL | <ul style="list-style-type: none"> TAXIS MINIMARKET ATM SHOPS | <ul style="list-style-type: none"> BIKE STORE LAUNDRY SECURITY & FIREFIGHTERS PHARMACY | <ul style="list-style-type: none"> MEDICAL CENTER DEFIBRILLATOR RESTAURANT BAR |
|---|---|---|--|--|



- 7 PASEO DEL LAGO
- 8 RACQUET VILLAGE VIA
- 9 LAS PALMAS
- 10 MAJAGUA
- 11 FUNDADORES
- 12 DOLINAS
- 13 PASEO CALETÓN

- | | | | |
|--|--|---|--|
| <ul style="list-style-type: none"> ICE CREAM SHOP WELLNESS & BEAUTY SALON SWIMMING PLACE KAYAK | <ul style="list-style-type: none"> SHORE FISHING DECK DEEP SEA FISHING ECUESTRIAN CENTER VET & PET STORE | <ul style="list-style-type: none"> ECO ADVENTURE PARK GYM TENNIS COURT BASKETBALL COURT | <ul style="list-style-type: none"> GOLF PADDLE COURT 8.2 KM RUNNING PATH 6.1 KM CYCLE PATH |
| | | <ul style="list-style-type: none"> 1.5 KM CYCLE PATH 3.5 KM CYCLE PATH 2.2 KM CYCLE PATH 800 M CYCLE PATH | |



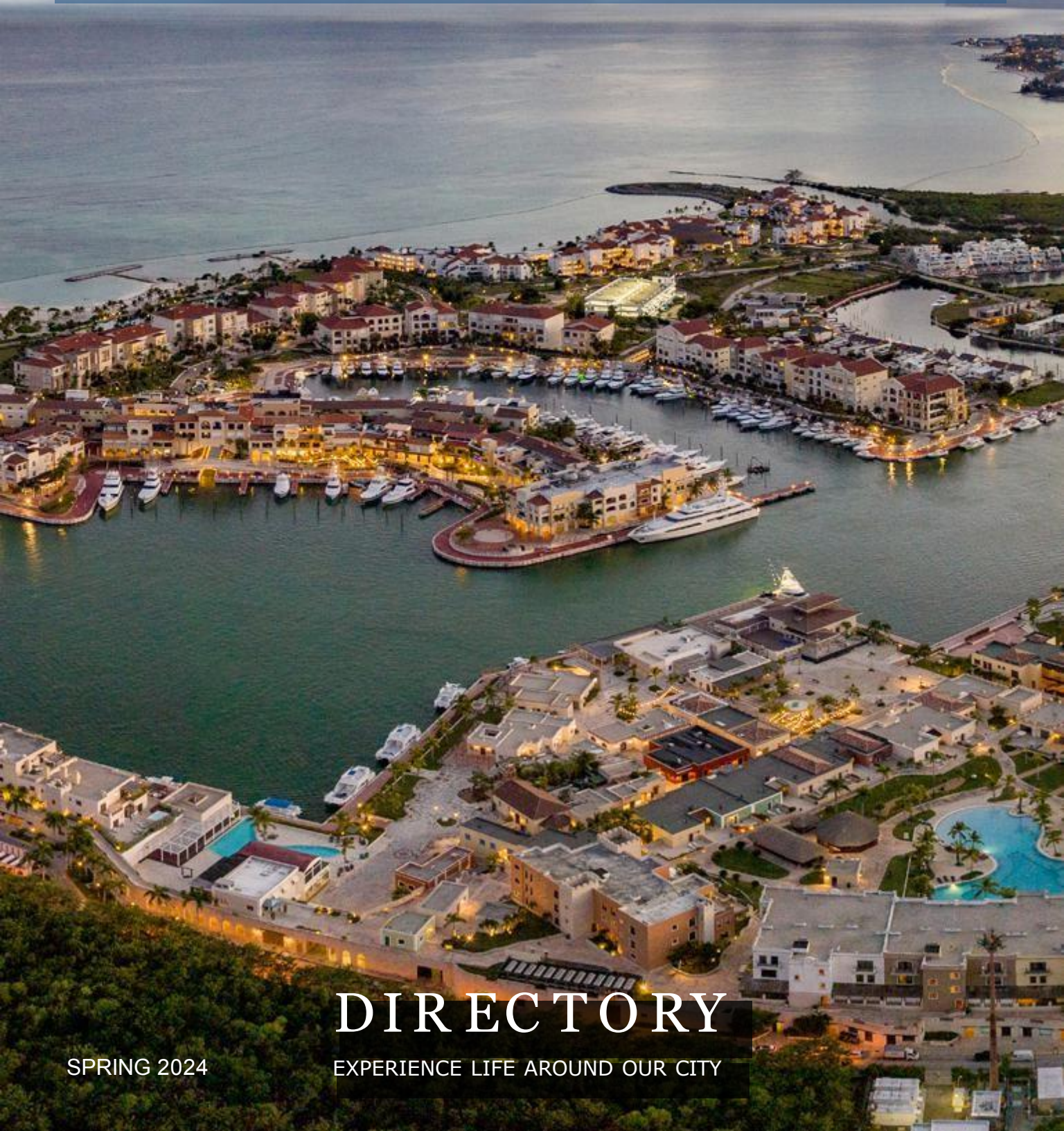
CAP CANA
REPÚBLICA DOMINICANA

Ciudad Destino

info@capcana.com | (809) CAP CANA | 7:00 A.M. - 11:00 P.M.
[@vivecapcana](https://www.instagram.com/vivecapcana) | [#vivecapcana](https://www.facebook.com/vivecapcana) | capcana.com

CAPCANA

Ciudad Destino



DIRECTORY

SPRING 2024

EXPERIENCE LIFE AROUND OUR CITY